

# Spring / Summer 2024 Newsletter





# Earth Week Events



<u>April 22nd - 10AM -12PM</u>

Drop by the Gothic Landscape booth in the courtyard to grab your own succulent plant and discover how we prioritize eco-friendly landscaping and greenery!



We are thrilled to announce our upcoming e-waste disposal event, in collaboration with TechWaste Recycling!

Please bring all e-waste items to the truck parked in the loading zone for drop off on the day of the event. If you need a cart to assist you in transporting e-waste to the loading zone, please submit a work order request in your tenant portal account. We are dedicated to properly disposing of e-waste to support a sustainable future!

See list of approved items HERE



# Friday, May 10th

10AM - 2PM

STOP BY THE LOBBY & PICK UP A
GOODY BAG FROM THE
MANAGEMENT TEAM TO YOU

COMPLIMENTARY FOR EVERY AIRPORT TOWER MOM



# Spring Cleaning CLOTHING DRIVE RESULTS



Through our partnership with BOMA OC for their annual clothing drive, Laura's House received a total of 2,052 bags of clothing, shoes, handbags, jewelry, and children clothing. This amounted to 6.2 TONS of donated items for the Spring Cleaning Clothing Drive!

A huge thank you to everyone who donated. With your help, we supported a great cause!



# Coming to Airport Tower...



#### Shoe Shine / Repair

Men's and Women's shoe shine and repairs! Full Soles, Half Soles, Patch, Rips, Dye, Stretch and Tips. Bring in your shoes in need of repair and shining on April 4th beginning at 9am to the Hub Conference Room. Click Here for pricing list



#### **Botox and Dermal Fillers**

Botox and Dermal Filler injections are popular cosmetic treatments that can successfully minimize the signs of aging. We will be having a Registered Nurse onsite in the Wellness Room, Wednesday, April 17th. To book your appointment, click the link Here, or text 714.989.6806



#### **Professional Headshots**

Free professional headshots will be offered to tenants on May 16th!
Stop by the downstairs Conference Room between 9:15 - 11:15AM to get your complimentary headshots taken.



#### Bring Your Kid to Work Day

Airport Tower will be hosting the very first Bring Your Kid to Work Day on April 25th from 9-11 AM!

More information to follow!



# Father's Day

Priday, June 14th 10AM-2PM

Dads - stop by the lobby to pick up a complimentary sweet treat!

From Airport Tower's management team to you - for everything you do!









### Summer Solstice

# Evening Meditation and Sound Bath

Thursday, June 20th 2024

5:15PM to 6:15PM

YOGA FLEX ROOM





#### FRESH FOR SPRING: New fitness equipment!

We are adding weights, bands and foam rollers to our supplies for group classes. Our trainers are excited to bring you new workouts and fresh routines to help you build strength, prioritize recovery and feel great!



#### What people are saying:



"Shoutout to Jan, Ellen, and Elissa for being rockstar instructors. Nothing like a mid-day workout to boost energy!"

- Jennifer H.

All three classes are always stimulating and each week is a pleasant surprise. All the instructors bring new routines and are able to modify quickly based on the group in attendance and how everyone is feeling.

The classes at Airport Tower are very much appreciated. The variety and highly qualified instructors provide a well rounded workout schedule for mind and body.

- Sue. D.

I feel fortunate to have an opportunity to attend such a great series of fitness classes taught by balanced, experienced, knowledgeable, professional trainers. All three classes are well-planned, independent and unique, yet add up to a week of well-balanced cross-training.

- Dan D.

#### Save the Date:

SPECIAL EVENT:

Summer Solstice -Sound bath and meditative breath work

June 20th 5:15PM - 6:15PM (Flex Room)

Scan for more info and to sign up:



#### CLASS SCHEDULE:

12:10-12:50 in the Yoga/Flex Room in the Hub

Tuesdays: Mat Pilates

Thursdays: Strength & Conditioning

Fridays: Yoga & Movement

#### MANAGEMENT OFFICE

Suite 400 949.460.5380





#### DRY CLEANING

949.891.4218

#### BUILDING SECURITY

949.254.7808





#### PARKING SERVICES

949.833.0793

### SERVICE REQUESTS

<u>www.airport-tower.com</u> <u>Select "Tenant Log In"</u>





### PRESS & MOKA COFFEEHOUSE

949-852-8222 PressAndMoka.com

#### **CAR WASH**

Pronto Wash 714.342.9621 prontowashirvine@gmail.com





### MANAGEMENT & OPERATIONS TEAM

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DAYPORTER

After Hours Emergency Service 949.580.2053